



NAC-USA  
DEVELOPMENT  
INSTITUTE

Pure in  
heart

# MIDWEEK GUIDE

Who is  
worthy?

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**2018**

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November

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## Session 1: Pure in heart

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1. In the beatitudes, what does it mean to be “blessed”?

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2. What does it mean to have a pure heart? What are some ways that we can live out the characteristics of being “pure in heart” in our everyday lives?

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3. How does your relationship with Jesus Christ change your intentions and motivations?

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4. The beatitudes list various human conditions (poor in spirit, those who mourn, the meek, the merciful, the peacemakers, the persecuted). Share a time when you’ve experienced one of these. How did God reveal Himself to you in that experience?

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5. What things contribute to us having an impure heart? Have you ever considered the purity of your heart and motivations?

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6. The video says, “Those who have a pure heart live in accordance with, and are motivated by, the will of God.” Only Jesus Christ could perfectly live in accordance with the will of God. If it were not possible for us to have a completely pure heart, why would Jesus talk about it in the Sermon on the Mount?

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7. How can confessing our sins help us to become “pure in heart”?

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8. If being pure in heart means that we strive to live out the will of God, then we have to know what it is. What is the will of God?

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### **Bible References**

Matthew 5:8  
Matthew 5:21-22

Matthew 5:27-28  
John 1:17

1 John 1:8

## Session 2: Who is worthy?

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1. What has been your approach to the book of Revelation? Is it a book of the Bible that you have avoided? If so, why?

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2. In the verses we discussed in this session, what is being revealed through the vision received by the Apostle John?

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3. What is the difference between being worthy and feeling deserving of something?

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4. It was revealed to John that, from the beginning of times, no man, nor creature in the universe is worthy to open, or even look at, the scroll. Only the Lamb who was slain and prevailed is worthy. Why can we never be worthy of God's kingdom? After recognizing that we are unworthy, how can we still have hope for the future?

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5. Describe what it means to you that Jesus set you free from your sin. How can you demonstrate your thankfulness for His work on the cross?

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6. How is Jesus both the Lion of Judah and the Lamb who was slain?

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7. Listen to a rendition of Handel's *Messiah: Worthy is the Lamb that was slain*.  
(<https://www.youtube.com/watch?v=OWkpjoEgct0>)

a. What feelings and emotions do you feel when you listen to this music?

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b. What are the words portraying?

*Worthy is the Lamb that was slain, and hath redeemed us to God by His blood, to receive power, and riches, and wisdom, and strength, and honor, and glory, and blessing. Blessing and honor, glory and power, be unto Him that sitteth upon the throne, and unto the Lamb, forever and ever.*  
(Revelation 5:12-14)

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8. What is a song that you enjoy that expresses your gratitude to Christ for what He has done for you?

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### **Bible References**

Revelation 4 – 5

2 Samuel 24:14