



NAC-USA  
DEVELOPMENT  
INSTITUTE

Trust  
through  
reading  
Scripture

Balance  
through  
Prayer

Worship  
through  
Language

# MIDWEEK GUIDE

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**2017**

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June

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# 2017 June MIDWEEK GUIDE

## Session 1: Trust through reading Scripture

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1. Why do you think it's important to read the Bible?

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2. Our trust in people sometimes wavers because we are all imperfect and make mistakes from time to time. But God *is* perfect. Why would your trust in God waiver, even though He's perfect?

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3. How has God shown to you that He is worthy of your trust?

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4. How does reading the Bible on your own help you better understand the preached Word?

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5. The people of Israel had their difficulties throughout the Old Testament. How does reading their story help you grow in your trust in God?

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6. Why do you think Proverbs 3 warns against leaning on our own understanding?

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7. The Bible teaches us that the Holy Spirit helps us in many ways. Why should you engage the Holy Spirit when you sit down to read the Bible?

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8. How could you preach Scripture to your own soul? What did that phrase from the video mean to you?

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9. At what place and time in your daily routine could you meditate on both the Word you read in the Bible and the Word you hear in a sermon?

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10. How did Jesus knowing Scripture aid Him against the temptations the devil offered in the wilderness?

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### **Bible References**

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Proverbs 3:5-6

John 16:13

Matthew 4:1-11

2 Timothy 3:16-17

## Session 2: Balance through Prayer

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1. When you pray, do you think of yourself as having a conversation with God? How is prayer a conversation?

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2. How can you combine praying and reading the Bible to strengthen your trust in God and help bring balance to your life?

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3. How has prayer helped you grow and mature?

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4. There are many times in life when we search out someone to share what we are feeling. Why is it good for us to also share with God during those moments?

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5. Too many times the content and timing of our conversations with God are dictated by what is happening in our life. Why is continuous conversation with God vital to us keeping our spiritual equilibrium?

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6. During a prayer, do you change God's mind or does He change yours?

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7. Reflect on how David prayed in Psalm 3. Do you pray in times of trouble? In what ways does prayer become a rock for you in "storms" as it did for David?

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8. PERSONAL TAKE-HOME: Take a few moments this week to write out a prayer to God. Really think about how you want to express to Him your worship, your thanks, your desires, and your intercessions.

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### Bible References

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Psalm 3

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## Session 3: Worship through Language

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1. Worship is our response to God and our expression of what He means to us. What has your worship expressed to God this week?

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2. What are different ways to worship God?

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3. Reflecting on your life – why is God worthy of worship?

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4. Think back on the last few days. Can you think of a time your language did not display to others that you were a child of God? How could you have reacted differently?

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5. How does our complete devotion to God manifest itself in how we live our lives?

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6. What daily activity in your life could you change your perspective on in order to worship God while you are doing it?

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7. Besides what we've talked about this month, what other spiritual disciplines do you think would be helpful in your spiritual growth?

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8. Why are spiritual disciplines important to our relationship with God?

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9. PERSONAL TAKE-HOME: For the next month, put reminders and alerts in your calendar or phone to take intentional time to read the Bible, pray, and worship God. Find someone in your small group to partner up with and share your schedules, so you can check up on each other for the next few weeks.

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### Bible References

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John 4:23-24

Matthew 13:1-9