



NAC-USA
DEVELOPMENT
INSTITUTE

The Second
Commandment

The Third
Commandment

The Fourth
Commandment

MIDWEEK GUIDE

2016

October

Your small group does not need to answer every question provided in the Midweek guides. There are a range of questions so that each group can answer questions that are applicable to them and that they are comfortable with. Also, take your time with discussing the questions and don't feel the need to rush through them in order to answer every one.

2016 October MIDWEEK GUIDE

Session 1: The Second Commandment

Bible References

Matthew 22:37-39

Exodus 3:13-14

Luke 6:45

1. How is keeping God's name holy an act of worship?

2. God's name is holy because He is the great Creator, Redeemer, and Sustainer. List some other attributes or names of God as a group and discuss how you have experienced them.

Catechism Q&A

306

3. What do your words tell the people you converse with about who you are and what you stand for?

4. How can/do your words influence those around you, relative to their relationship with God?

5. How conscious are you about the words you say? What can we do to be more aware of what we say and avoid thoughtless expressions?

6. How do we glorify God with our words?

7. How does the knowledge of God's omnipresence affect you? Has it caused you to change your words and actions?

8. What are steps you can take each day to center yourself on Jesus?

Session 2: The Third Commandment

1. Define your perfect day of rest.

2. What do you think about the idea that God took a rest? Does it seem odd to you?

Bible References

Genesis 2:2

Hebrews 4:1-3, 9-10, 11

Joshua 21:43-44

Psalm 127:1

3. It's possible to read Psalm 127:1 through different perspectives. "Unless the Lord builds the house, they labor in vain who build it; unless the Lord guards the city, the watchman stays awake in vain." One might read it and become hopeless, thinking – I can never do enough! What other perspectives could there be?

NAC Catechism

5.3.4.5

5.3.4.7

4. How do you typically observe the weekly Sabbath day, other than going to church?

Catechism Q&A

321

5. Why can we only experience true rest when we rest in God?

Going Deeper

Our heart is restless until it rests in You.

– St. Augustine

6. How is it that "resting in God" protects us from burning out in our careers or in a ministry capacity at church?

7. How is our trust in God connected to finding rest in Him? Is it possible to find rest with someone you don't trust?

8. How do we become wise stewards of our time and not waste our Sunday with "useless and detrimental things"?

Session 3: The Fourth Commandment

Bible References

Luke 2:51

John 19:27

Ephesians 6:4

Titus 2:4

Galatians 5:23

1. Have you ever considered reading the Old Testament through the lens of the Gospel? What do you think that means?

2. The video spoke about all of us being “living examples of love” to the children around us.
a. Does this only apply to parents?

b. Can you think of someone who was an example of love when you were a child? What did this person do or say that causes you to remember their example?

c. How we can we be an example of love for children to see?

3. How does Jesus’ example show us how we should behave towards our parents (no matter how old we are)? (Ref Q&A #326)

4. The Fourth Commandment is a reminder to be respectful to all people. How is it possible to show respect to someone that you do not see eye-to-eye with?

5. “...that you may live long upon the land that the Lord, your God, has given you.” This part of the commandment relates to the Promised Land. What should this promise mean for us?

Catechism Q&A

326, 327, 328