



NAC-USA  
DEVELOPMENT  
INSTITUTE

I am the  
Way, the  
Truth, and  
the Life

I am the  
Resurrection  
and the Life

I am the  
Bread of  
Life

# MIDWEEK GUIDE

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**2018**

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January

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## Session 1: I am the Way, the Truth, and the Life

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1. What does it mean to you to be “faithful to Christ”?

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2. What did God mean when He said, “I AM WHO I AM”?

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3. How does knowing who Jesus is through His “I AM” statements help you understand who you are and what your purpose is?

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4. An increasingly popular viewpoint is universalism, the belief that there are many ways to God and heaven. How does Jesus’ statement contradict that?

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5. If Jesus is the way, the truth, and the life, what does a life without Jesus look like?

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6. What happens when we put our faith in things other than Jesus? Can you think of any examples?

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7. Why do some people try to bring their own version of the truth to their situation rather than seeking Jesus' truth?

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8. In the Gospels, we learn that Jesus is the true revealer of God. What is one revelation of God (revealed by Jesus) that you find amazing?

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### Bible References

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Hebrews 11:1

Exodus 3:13-15

Hebrews 12:1-2

John 14:6

## Session 2: I am the Resurrection and the Life

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1. How does Jesus waiting a few days to travel to Bethany magnify the eventual outcome of Lazarus being resurrected?

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2. Martha was expecting Jesus to come and heal Lazarus before he had died. Have you ever felt frustration when you were expecting a course of action that wasn't happening? How did that situation turn out?

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3. Why can we have faith in God even in times where things don't go as planned or may even seem hurtful to us?

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4. How can the knowledge of Jesus being the resurrection and life strengthen your hope for the future and inspire you today as you face struggles?

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5. When Martha goes out to meet Jesus, she expresses that, "If You had been here, my brother would not have died." Is it wrong to expect Jesus to act a certain way? Why or why not?

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6. How is the Lord's Supper a reminder that Jesus is the resurrection and the life?

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7. What can we learn from Martha? What can she teach us about responding to the "silences of God"?

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8. How does faith in Christ make you a new person, a new creation?

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### **Bible References**

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John 11:20-27

Jeremiah 29:11

2 Corinthians 5:17

## Session 3: I am the Bread of Life

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1. Why is it easy to focus on our earthly needs instead of our spiritual needs?

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2. After Jesus said, "...unless you eat the flesh of the Son of Man and drink His blood, you have no life in you," many of His disciples left. Why did they leave?

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3. Why would, after seeing Jesus perform great miracles, someone from this great crowd still be hesitant to come and believe in Him?

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4. Jesus used the analogy of bread, a necessity for life at that time, to describe how valuable He is to the life of a believer. In order for us to grow stronger in our faith, and to have life in Jesus Christ, we continually partake in the Bread of Life. How do you do that on a daily basis?

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5. If Jesus is always with us, why do we need to "come" to Him? What does that mean? What prevents you from coming to Jesus?

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6. Think about John 6:35: *I am the Bread of Life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.* What does it mean to be satisfied in Christ?

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7. Why isn't just "seeing the bread" or "telling other people about the bread" enough for salvation?

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8. The "I AM" statements of Jesus tell us who Jesus is and who we are when we live in relationship with Him. So using the same "I AM", who does God say you are? For example: I am loved.

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### **Bible References**

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John 6:27, 35  
John 6:53, 58

John 6:60, 65-69  
Matthew 5:6